



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services

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7-1-1 TTY/TDD

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB) MEETING June 4, 2015

KCASAAB Members Present: Elizabeth Andrews, Lauren Davis, Pat Godfrey, Mary Ann LaFazia

KCASAAB Members Absent: Joan Clement, Roger Goodman Therese Grant, (excused)

Guests Present: Susan McLaughlin, Adrienne Quinn (Department of Community and Human Services, (DCHS)); Ken Stark, (Guest)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Bryan Baird, Brad Finegood, Andrea LaFazia-Geraghty

Board Chair, Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:40 a.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 123.

I. Welcome and Introductions ~ *Pat Godfrey*

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was present for this meeting.

Pat announced to members that sadly Joan Clement, KCASAAB member, has lost her husband. Memorial service and donation information will be shared with members privately.

II. Approval of Minutes ~ *Pat Godfrey*

The April 4 regular meeting and May 12 joint meeting minutes were each approved by consensus.

III. Best Starts For Kids~ Adrienne Quinn

Ms. Quinn, DCHS Director, began by thanking Board members for their service and that the County is very appreciative of the time they spend as volunteer community members.

Director Quinn discussed King County Executive Constantine's initiative, Best Starts for Kids (BSK), that will provide the resources needed to prevent negative outcomes in the community and put every child on a path toward lifelong success.

Science confirms prevention and early intervention are most effective and the least expensive approach, saving money and lives. The first five years in a child's life are particularly critical for brain development (92% of a child's brain development occurs before age 5). Investing early in a child's development, at critical points in a young person's development, and at the community level, delivers the highest return.

The BSK program would cost \$58.3 million in 2016, at \$0.14 per \$1,000 of assessed value, (or \$392.3 million for six years; or \$1 per week / about \$56 per year, per household, each year).

Funding distribution:

50% (\$32.7 million annual average) for ages 0-5

35% (\$22.7 million annual average) for ages 5-24

9% (\$6.0 million annual average) for community

6% (\$4.0 million annual average) for data, evaluation and infrastructure

To implement BSK, Executive Constantine has proposed King County will lead a comprehensive community planning process after the levy passes. A majority of the funding would go out to the community under competitive, outcome-based contracts. A new Youth Action Plan advisory body will be created (comprised of individuals, entities, and organizations working together to change outcomes for kids and youth in our community), to oversee strategies for ages 0-24. The existing Communities of Opportunity Interim Governance Group (Seattle Foundation and Community Partners) will oversee community investment. King County will ensure strategies are working; if not, they will be retooled as needed.

Timeline:

Executive transmitted Ordinance to County Council on April 29

Council Budget and Fiscal Management Committee hearings: June 10, where public testimony will be heard. Another hearing is scheduled for June 24, when it is expected to be voted out of committee with a final vote on July 20. If ok to go, this will be on the November ballot as a levy.

For more information, contact Shiela Capestany at 206-263-7823,

shiela.capestany@kingcounty.gov, or visit:

<http://kingcounty.gov/elected/executive/constantine/initiatives/best-starts-for-kids.aspx>

IV. Integration ~ Susan McLaughlin

Ms. McLaughlin spoke to the following points:

- King County is in the process of finalizing various options around the benefit design by pulling together a provider and consumer focus group to provide input. These options will be presented to Board members at the July 14th joint Board meeting for further discussion and input.
- A workgroup is working feverishly on substance use disorder (SUD) residential treatment, a new book of business for King County / Behavioral Health Organization (BHO). This group has been touring residential facilities to build relationships, get a better understand of their programming, and ultimately negotiate / develop contracts. At this time, it looks like King County will have established contracts with residential facilities in King County (other BHO's will follow suit with their facilities in their region). Interagency agreements will be utilized to bill each other (county to county). The BHOs are assembling to standardize this process to decrease the burden on residential facilities.
- The state has published draft rates for SUD. King County has hired a consultant, Technical Assistance Collaborative, Inc. (TAC), to help analyze and interpret these rates, determine what the County's unique role should be in the delivery of fully integrated medical, mental health, and substance use disorder treatment services. TAC will also help establish the payment structure and rates going forward. Rates are varied by BHO region. The request for the detailed plans from the state is expected to come out in early July; the County must respond by October 31, 2015 to complete the response. No details on what this looks like yet.
- Regarding physical and behavioral health integration, King County has a small group of partners helping to plan/design what full integration will look like. Their first meeting is at the end of June to develop membership guidelines, and charter for this new group. In addition, the County is having conversations with Medicaid managed care plans and planning to test models of fully integrated care with the plans, then bringing healthcare dollars together in different way to support that model. More information to come.

A reminder the first workgroup meeting to determine the new Board bylaws is scheduled for Tuesday, July 7, from 10 a.m. to noon, at the Chinook Bldg, in room 428.

Also, a term-limited temporary position will be hired to assist with integration and help draft joint Board materials.

V. Prevention Update ~ Andrea LaFazia-Geraghty

Prevention site visits; Andrea plans to bring a list at the next meeting. Mental Illness and Drug Dependency (MIDD) prevention site visits are delayed about a month as the staff person was on medical leave. The SUD prevention site visits have been completed; wrap

up items requested from the Division of Behavioral Health and Recovery on how the County verifies background checks has been provided and should be finalized within the next week. There are 13 MIDD 4c programs at 11 sites; the SUD and mental health school-based has four sites, (not including SBIRT that has three sites).

Chair Godfrey noted Norm Johnson, Executive Director, Therapeutic Health Services, has written a 30-page report on African American youth and their cultural predisposition to end up incarcerated. He suggested the Board may want to take a look at this and suggested having a proactive committee on the Board to promote policies and get legislators and other leaders thinking about devoting resources to prevention.

VI. Substance Use Disorder (SUD) Coordinator's Report ~ Brad Finegood

Brad gave brief updates to the following points:

- Interagency Recovery School has its first high school graduate coming up at Seattle Center. He suggested having that youth come to a Board meeting, and/or the Legislative Forum, to honor them.
- The Behavioral Health Task Force is reconvening tomorrow in Olympia on SUD integration.
- Detox – the Request for Proposal is now closed, with four applicants. More information to come.
- Open access assessments was presented to providers at the last SUD meeting. The County is working with providers on a system with less barriers for those accessing treatment and the ability for people to drop in for intake services.

VII. Legislative Update

Raising the age to purchase tobacco products to 21 (with a \$40m fiscal note), is still in play and will be resolved simultaneously with budget negotiations. As it stands now, the new age is at 19 years old with implementation four years out with fiscal note of \$6 million.

The Involuntary Commitment Bill (aka Ricky's Bill), is also in budget discussions with a \$60 million fiscal note.

VIII. Other

The Alcohol and Drug Abuse Institute (ADAI), University of Washington, is putting out their drug trends report. There will be a press release on this report next week.

IX. Adjournment

Adjourn 1:00 p.m.

Prepared by:
Bryan Baird
Recording Secretary

Attested by:
Pat Godfrey
Board Chair